

**INCLINE T-BAR**  
**JPL-116**

- ◆ Unique design for training lats and upper back. Chest pad provided to overcome lower back injury. Multi position footplate and hand grips for barbell and neutral position.

- ◆ **DIMENSION:**  
Length : 78 inches / 198 cms  
Width : 40 inches / 102 cms  
Height : 47 inches / 119 cms

- ◆ **MUSCLE WORKED:**  
Erector Spine, Trapezius,  
Latissimus Dorsi,  
Rear Deltoids & Biceps

